

NEPAL SWIMMING ASSOCIATION

RELAY ENTRY CARD

| TEAM AFFILIATION: | AFFILIATION CODE: |
|---|----------------------|
| ATHLETE'S NAMES: RESERVE ATHLETE'S NAME(S): | |
| 1. | 1. |
| 2. | 2. |
| 3. | <><><><><><> |
| 4. | <><><><><> |
| MALE EVENT NUMBER, EVENT NAME, DISTANCE AND STROKE: FEMALE MIXED | |
| HEATS (PLEASE MARK): | FINAL (PLEASE MARK): |
| TEAM LEADER (BLOCK LETTERS): TEAM LEADER (SIGNATURE): | |
| DATE: | TIME OF DELIVERY: |
| | |

NOTE:

Relay Entry Cards must be presented to the NSA Technical Swimming Committee (TSC) Table <u>not later than</u> <u>one hour before the start of the session</u> in which the relay takes place (Competition Regulations 6.2.3.1) with the names of the swimmers in the order that they are to compete (Competition Regulations III. Swimming rules 10.14)