



NEPAL SWIMMING ASSOCIATION

STRATEGIC PLAN 2028

Development Strategy for Competitive Swimming
Mission 2028 Olympics



Vision

- ▶ To establish Nepal as a competitive nation in all international swimming events and qualify Nepali swimmers for the 2028 Summer Olympics.

Mission

- ▶ To develop, nurture, and advance swimming talent across Nepal through comprehensive training programs, infrastructure enhancement, community engagement, and international collaboration.



Key Elements of the Strategic Plan

- ❑ National Database for Athletes, Coaches and Officials
- ❑ Coaches Education
- ❑ Talent Hunting and Scouting
- ❑ Competitions and Participation
- ❑ Establishment of Athletes Development Pathway

National Database for Athletes, Coaches and Officials

- ▶ Integrated Website for General Management System
- ▶ Automated Profile Creation for Athletes, Coaches, Official and Other Members
- ▶ Online Athlete's Event Registration system for Competitions and Swim Meets
- ▶ Online Coaches Registration system for Training Programs
- ▶ Online Officials Application Registration for Events.
- ▶ API for Affiliated Members to ascertain Data Such as Results, Records and Digital Files
- ▶ Results and Performance Tracking System



Login

Username

Password

Login

Register New User Here

Creating GMS Profile:

- Online Application/Registration Form are filled
- Details Verification with Proof of National Id, Passports, Birth Certificates
- Application Approved by NSA
- NSA issued unique id and Login Credentials.

REGISTER NEW PLAYER

FIRST NAME

LAST NAME

DATE OF BIRTH (YYYY-MM-DD)

GENDER

male ▾

USERNAME

PASSWORD

AFFILIATION

Biratnagar ▾

EMAIL

COUNTRY

Afghanistan ▾

PROVINCE

DISTRICT

MUNICIPALITY

WARD

STREET

CONTACT

EMERGENCY/GUARDIAN CONTACT

DISTRICT

MUNICIPALITY

WARD

STREET

CONTACT

EMERGENCY/GUARDIAN CONTACT

HEIGHT in inches

WEIGHT in kilos

UNIFORM SIZE

Chest/bust size in inches :

Tshirt length in inches (Neckline to bottomline)

Trouser/Pant waist size in inches (Belt line)

Trouser length from belt to bottom line in inches

PHOTO ID

 No file chosen

AGE VERIFICATION DOCUMENT

 No file chosen

Register

Player Profile



First Name: [REDACTED]

Date of Birth: 20[REDACTED]

Player ID: [REDACTED]

Username: [REDACTED]

Player Category: National

Last Name: [REDACTED]

Age: [REDACTED]

Affiliation: [REDACTED]

Gender: female

Fee category: Normal

Country: [REDACTED]

Municipality: [REDACTED]

Street/Tole: [REDACTED]

Contact: [REDACTED]

Province: [REDACTED]

Ward: [REDACTED]

Email: [REDACTED]

Emergency/Guardian Contact: [REDACTED]

Height: [REDACTED]

Uniform Size: [REDACTED]

Tshirt length (Neckline to bottomline): [REDACTED]

Trouser length from belt to bottom line: [REDACTED]

Weight: [REDACTED]

Chest/Bust Size: [REDACTED]

Trouser/Pant waist size (Belt line): [REDACTED]

Age Verification Document:

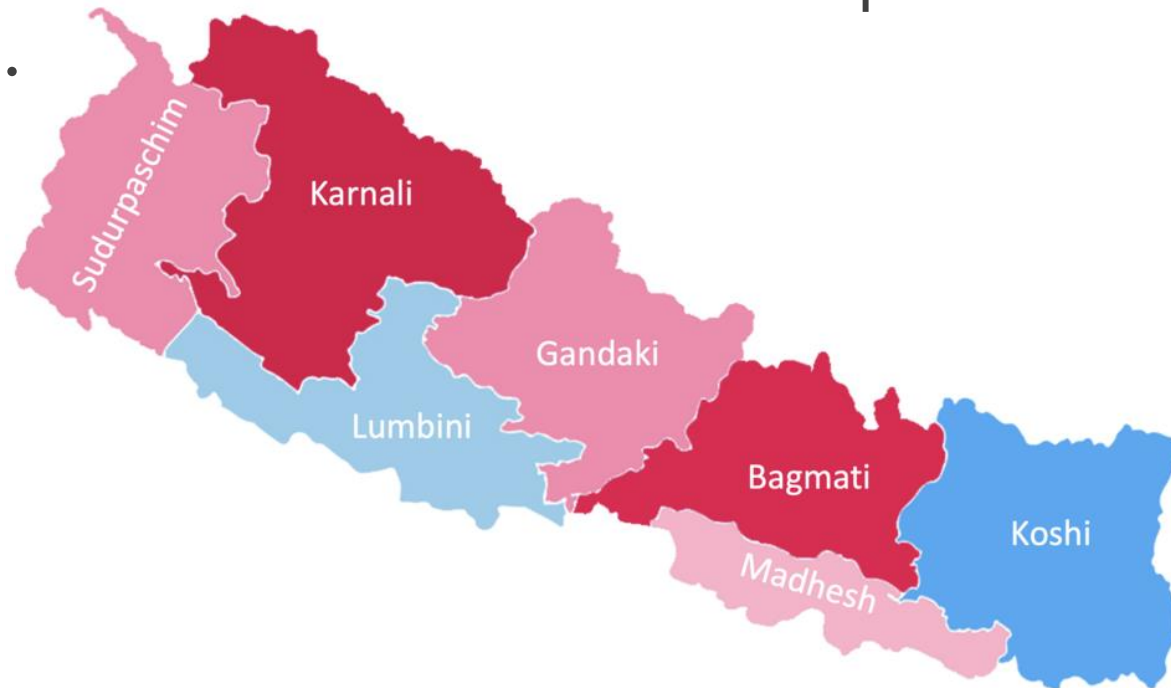


Coaches Education Program

- ▶ To Organize Annual Coaches Program by Senior And National Level Coaches
- ▶ Organize at least 20 certified Coaches from Each Provincial Location
- ▶ Nominate National Qualified Senior Coaches to International Level Coaches Program Such as World Aquatics Coaches Level I and II, ASCA Level I, II, and III
- ▶ Specialized Training Facilitation for Interested Coach from World Aquatics Coaches.

Talent Hunting and Scouting

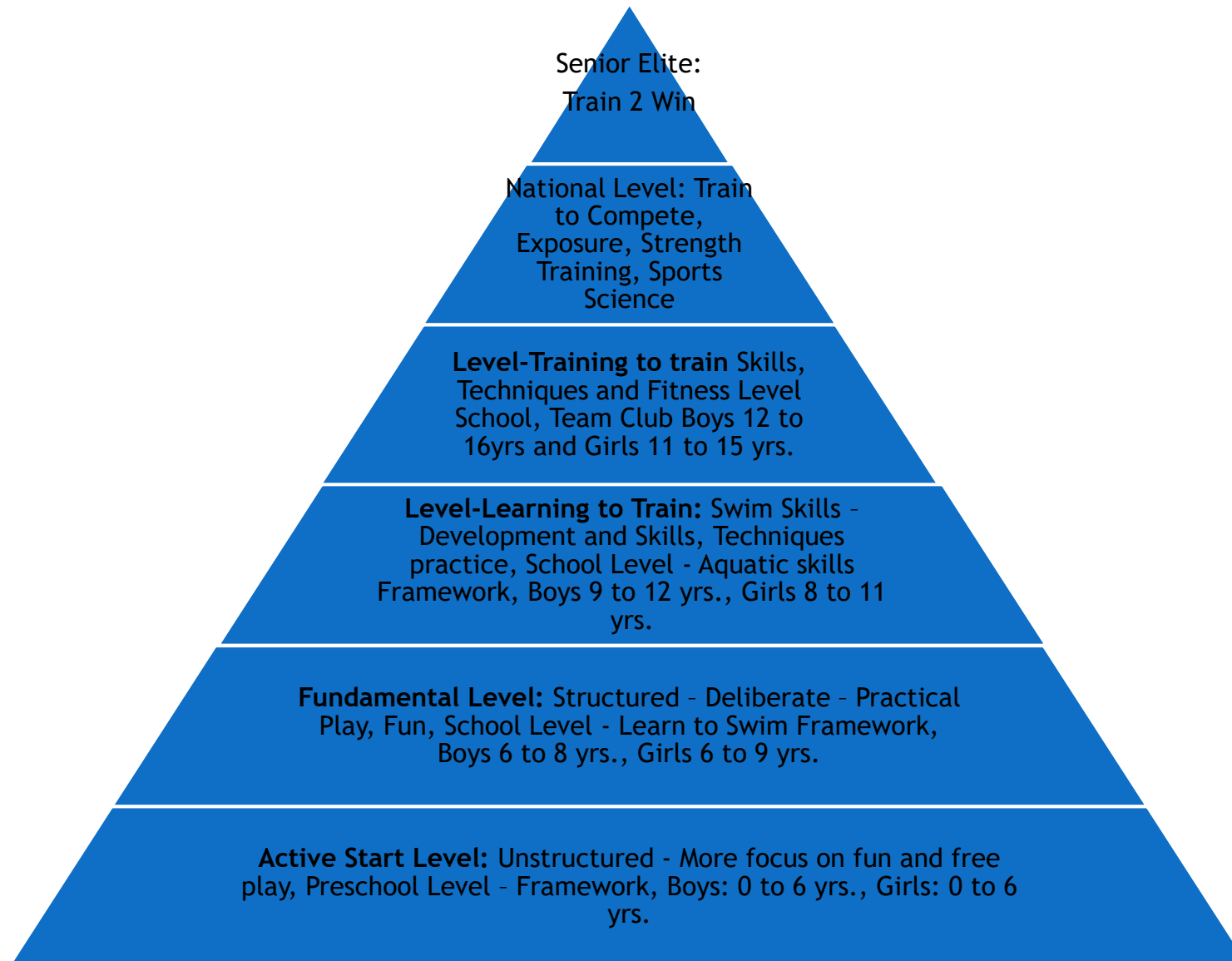
- ▶ New Swimmers are Scouted from all over the nation in different Provinces.
- ▶ Competitive Swimming but Fun Oriented Swimming Competitions are Organized at different local areas.
- ▶ a large pool of new potential swimmers are identified from such events and are invited to a specialized training programs.



Competitions and Participation

- ▶ One National Level Swimming Championship is Organized in LC Pool per year
- ▶ One National Level Swimming Championship is Organized in SC Pool per year
- ▶ Five School Level (Age Group) Swimming Competition are Organized per year
- ▶ One National Games organized by Government (Includes other Sports as well) every two year
- ▶ Participation in two Major World Aquatics Swimming Championships every year
- ▶ Participation in one World Aquatics Junior Championship per year.
- ▶ Participation in the Asian Games, South Asian Games and other Regional Games when organized.

ATHLETES DEVELOPMENT PATHWAY



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- ▶ The Athlete Development Support Pathway (ADSP) is basically the long-term athlete development (LTAD) model; however, it has been made specific to the swimming pathway. The model is a framework for the development of athletes' physical literacy (fundamental movement skills and sport specific skills) and aims to encourage lifelong participation in sport and physical activity in Aquatics sports) The model includes six key stages, with clear progression routes from Active Start right through to Active for Life. Specifically, it talks about how much training and competing each athlete should do as they develop. It is all about getting the right balance